

Join LEAD Pittsburgh and Jewish Family and Community Services (JFCS) for:

FOCUS

— For Our Children and US —

A series of discussions for parents and caring adults about children's mental health



"We've Been There"

Join us for an interactive panel featuring speakers who have experiences living with mental health challenges, followed by audience Q & A. Topics will range from stigma to knowing the signs, talking with therapists, and much more.

Wednesday, December 12th 7:00-8:30 pm
Rodef Shalom Congregation

4905 Fifth Ave. Pittsburgh, PA 15213

Levy Hall

Free Admission - Light refreshments will be provided

(Parking will be available in the Rodef Shalom parking lot between Morewood Ave. and Devonshire Ave., as well as street parking)

- **Panelists:**
 - Amanda Filippelli, *Author of "Blue Rooms"*
 - Danyelle Hooks, *Stand Together*
 - Evan Markowitz, *Open Hearts of All*
 - Ryan Mullen, *Mental Health Advocate*
- Moderated and Coordinated by Jordan Corcoran, *Listen Lucy*



To learn more, visit www.leadpittsburgh.org and www.jfcsphg.org